



# Gordon East Public School

Built on the land of the Guringai people

Safe, respectful learners

Term 4 – Issue 16  
25 October 2019

## School Newsletter

### Upcoming Events

- **Tuesday 29 October**
  - **9.30am**, School Tour
  - Year 2 Maths Enrichment Workshop @ KHS
  - **2pm** Assembly
    - Host: 1R
    - Item: KC
- **Wednesday 30 October**
  - **9.10am** Whole School Photo
- **Thursday 31 October**
  - Stage 2 Botanic Gardens Excursion
- **Friday 1 November**
  - PSSA Cricket @ Primula Oval
- **Tuesday 5 November**
  - **2pm** Assembly
    - Host: 1L
    - Item: 6/5H
- **Wednesday 6 November**
  - **9.30-11am**, Kindy Transition (No. 1)
- **Thursday 7 November**
  - Year 1 Stony Creek Excursion
- **Friday 8 November**
  - PSSA Cricket @ Allan Small oval

### From the Principal – Mrs Ruth White

Welcome back to term 4. It was lovely to see all the children and staff back well rested and ready for a busy term ahead. All our painting and maintenance work was completed and we start the term looking forward to the arrival of our new playground. All going well, we should see it arriving mid-November. Just in time for the children to enjoy the new equipment in the warmer weather under shade cloth.

### School Captain`s Visit Parliament House

Last Friday, it was a privilege to be able to accompany our school leaders to Parliament House. This visit was hosted by our local Member of Parliament and Speaker of the House, Mr Jonathan O`Dea. The children were treated to a tour through both houses and an extended tour through the speaker`s residence and Press Conference room. Our leaders certainly represented our school with pride.



### School Vision

Gordon East Public School is a welcoming and collaborative school community that supports high quality learning. Quality teachers inspire students to be creative and critical thinkers enabling them to become active and informed global citizens.

### Please mindful of our neighbours

Unfortunately, we were notified by a neighbour this week, that parents have been parking both along and within their driveway. Please remember to be respectful of neighbouring properties and avoid parking in driveways. Please note the parking regulations that apply to driveways below:

#### Parking

Parking rules are designed to stop vehicles from parking where it would be dangerous or inconvenient for others.

#### General parking rules

**You must not stop your vehicle (that is, bring it to a stop and either stay with the vehicle or leave it parked) in the following circumstances:**

- Double parked (that is in the road alongside a car that is parked)
- **On or across a driveway or footpath**
- On a median strip or traffic island
- On footpaths and nature strips
- Between BUS STOP, BUS ZONE, TAXI STAND or TAXI ZONE signs
- In a safety zone or within 10 metres before or after a safety zone
- Within an intersection

**For more general parking rules please visit <https://www.rms.nsw.gov.au/roads/safety-rules/road-rules/parking.html>**

### Don't Forget

Being the time of the year it is, we are commencing our planning and organisation for 2020. To assist us, please don't forget to submit the following ASAP.

- **Kindergarten enrolments:** Enrolments for Kindergarten 2020 are now being accepted. **Children born between 1 August 2014 and 31 July 2015** are eligible to enrol. Parents wishing to enrol a child for school next year should submit their enrolment forms as soon as possible.
- **Planning for 2020:** If you are planning on leaving Gordon East PS at the end of 2019 from Kindergarten to Year 5 please let the office know in writing by completing the form included in the newsletter. This information helps with class organization and planning for 2020.

## Uniforms

Just a reminder that all children should now be wearing summer uniforms. We do ask to please avoid t-shirts and long sleeve tops under shirts and blouses. Children are also asked to wear school coloured ribbons or scrunchies in their hair.

| GIRL'S UNIFORM  |  |
|---|--|
| SUMMER  |  |
| Dress   | Green and white dress with green piping on collar, sleeves and pocket  |
| Non-Dress Option  | Bottle Green Skort, worn with short sleeve white blouse with Peter Pan collar, school crest embroidered on the pocket. |
| Socks   | Bottle green, short  |
| Top   | Bottle green sweatshirt or zipup with crew neck and school crest   |
| Hat/Shoes   | Bottle green cricket hat/ black school shoes   |
| GIRL'S SPORT UNIFORM  |  |
| SUMMER  |  |
| Top   | White polo shirt with green trim and GEPS crest on left breast   |
| Sport Skort   | Bottle green skort   |
| Hat   | Bottle green cricket hat   |
| Shoes/Socks   | Runners/sports shoes + white socks   |
| BOY'S UNIFORM   |  |
| SUMMER  |  |
| Shirt   | White, short sleeve with school crest on left pocket   |
| Shorts  | Bottle green drill   |
| Socks   | Grey, short  |
| Top   | Bottle green sweatshirt or zipup with crew neck and school crest   |
| Hat/Shoes   | Bottle green cricket hat/black school shoes  |
| BOY'S SPORT UNIFORM   |  |
| SUMMER  |  |
| Top   | White polo shirt with green trim and GEPS crest on left breast   |
| Shorts  | Bottle green shorts  |
| Hat   | Bottle green surf hat  |
| Shoes/Socks   | Runners/sports shoes + white socks   |
| SCHOOL ACCESSORIES  |  |
| Weatherproof jacket, school bag, library bag and hair ties. |  |

**Congratulations**

We were very excited to hear that Ms Sheehan and Mr Fowler welcomed a baby boy on the last day of the school holidays. We are looking forward to meeting Cameron and wish them both much happiness as he grows. A delightful addition to the Fowler family.

*Ruth White*

Principal

**From the Office**

Dear Parents

The Term 4 statement of accounts are being emailed to all families today. Payment can be made by cash, cheque, credit card or via the online payment portal.

Prompt payment is appreciated to enable us to reconcile all accounts by Year end.

If you are unable to pay your statement of account, please contact the school office to arrange a meeting with the Principal, Mrs Ruth White.

Thank you



## Library News

### PLEASE HELP OUR BOOKS GET HOME FOR CHRISTMAS!

**Overdue notes** have been sent by email this week, and will be going home with students throughout this term, so please check your child's school bag or library bag for a note. Please have a really good search (under the bed...on brother or sister's bookshelf...under the seat in the car...behind the sofa...in the toy cupboard...) and send the books back to school as soon as possible.

As the notes say, if you can't return the books, please return the note, explaining on the back why the books can't be returned.

All books must be returned before the end of Week 8 for stocktake. Borrowing will finish in Week 7.

Please don't hesitate to contact me if you have any questions about missing or overdue books.

Bronwen Campbell, Teacher Librarian

## Photo Gallery

### School leadership Visit to Parliament House 2019



## Aussie of the Month

### AUSSIE OF THE MONTH

Congratulations Aussie of the Month  
October 2019

#### Alexander Pecina

Alexander is a cheerful student with a naturally caring nature.

His contagious smile and delightful sense of humour make him a pleasure to be around.

He readily offers a kind word to encourage others to persevere and demonstrates resilience by not giving up when things seem difficult.

Alexander, wears his uniform with pride, shows respect to his teachers and fellow students and is a terrific example of a safe, respectful learner.

Congratulations Alexander, you are an asset to the Gordon East community and a deserving recipient of this Aussie of the Month award.

**October 2019**

*Proudly sponsored by*

Craig Marshall  
Office: 9061 3175  
Gordon

MARSHALL.  
CHAN.  
YABL.

### AUSSIE OF THE MONTH

Congratulations Aussie of the Month  
October 2019

#### Megan Brown

Meghan is a quiet student who always shows care and concern for those around her. She is respectful and courteous towards teachers, office staff and fellow students.

Meghan is always willing to assist teachers and students in and out of the classroom. She demonstrates impeccable manners and behaviour in class and is an excellent role model for her peers.

Meghan is a Safe, Respectful Learner and an absolute asset to 4/3S and the Gordon East community.

Congratulations Meghan!

**October 2019**

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MARSHALL.  
CHAN.  
YABL.





**Assembly Awards****15 October 2019**

|             |                               |                 |                  |
|-------------|-------------------------------|-----------------|------------------|
| <b>KC</b>   | Ava C & Leo M                 | <b>Banners:</b> | Millie Robertson |
| <b>KS</b>   | Sienna P & Archie S           |                 |                  |
| <b>1R</b>   | Desiree G & Chloe Z           |                 |                  |
| <b>1L</b>   | Isabelle M & Madison C        |                 |                  |
| <b>2R</b>   | Oliver H & Finley H           |                 |                  |
| <b>2A</b>   | Anane A & Tomas C             |                 |                  |
| <b>4/3F</b> | Adam T & Lily H               |                 |                  |
| <b>4/3W</b> | Ethan W & Olivia M            |                 |                  |
| <b>4/3S</b> | Eren A & Haewon J             |                 |                  |
| <b>4/3L</b> | Chloe V & Oliver P            |                 |                  |
| <b>6/5H</b> | Saskia P, Rio S & Lana R      |                 |                  |
| <b>6/5W</b> | Emily V, Kasper P & Lachlan H |                 |                  |
| <b>6/5L</b> | Clara M & April K             |                 |                  |





|             |                                   |                      |                              |
|-------------|-----------------------------------|----------------------|------------------------------|
| <b>KC</b>   | Tristan Y & William E             | <b>Mini Merits:</b>  | Sophia Vella, Rio Shimizu    |
| <b>KS</b>   | Jacob S & Katelyn Y               | <b>Banners:</b>      | Olivia Mathews, Lachlan Heap |
| <b>1R</b>   | Hannah J & Xavi S                 | <b>Medal:</b>        | Christian Kim                |
| <b>1L</b>   | Madeline B & William T            | <b>Book Voucher:</b> | Millie Robertson             |
| <b>2R</b>   | Troy H & Joe Y                    |                      |                              |
| <b>2A</b>   | Jasmine D & Christian E           |                      |                              |
| <b>4/3F</b> | Jihoo C & Elke C                  |                      |                              |
| <b>4/3W</b> | Oliver G & Casey X                |                      |                              |
| <b>4/3S</b> | Isabel B & Cagla K                |                      |                              |
| <b>4/3L</b> | Ines G & Joshua M                 |                      |                              |
| <b>6/5H</b> | Aidan T, Peppa C & Daniel A       |                      |                              |
| <b>6/5W</b> | Nina G, Lucinda M & Jeremy C      |                      |                              |
| <b>6/5L</b> | Abihinandan S, Tal F & Benjamin L |                      |                              |





## PSSA Reports

### Modball (Senior) - 27 September 2019

Today we played Gordon West. We lost by quite a lot (0-7) but it was our first game this term and also the last day of term so everyone was tired, and it was everyone's first time playing in a while. It was a really tough game as well. We really need to work on fielding.

The best players on our team today were:

Maddy - even though she had the choice to not come today she came and supported our team.

Lara – it was her first time playing and although it was a tough game she played really well.

Lachie – got a lot of people out and played really well.

Harry – got a lot of people out and played really well.

Emily – got a lot of people out and played really well.

Nina – also played well.

Reporter: Lucinda M



### Modball – 27 September 2019

Today we played Chatswood and they were very competitive and we all played fair and it was a good game. (Score Chatswood 11, GEP 22)

The best players on our team today were Anna P, Anna R, Ines G and Megan.

Reporter: Anna P

**From the P&C****President Report**

The year has gone fast – week 2 of term 4 already with Christmas just around the corner.

Next week we have our regular P&C meeting in the library - please come and join us – you'll enjoy a comprehensive school update from Ruth White and will see all the activities that are in place around the school "behind the scenes". Tuesday evening 7.30pm in the library.

Our AGM is also coming up in early December. We are always looking for people to help us out! Please contact me if you can offer your time in any way.

**P&C donation**

Thanks to all the families who have already paid the voluntary contribution to the P&C. A reminder was sent out last week – we appreciate the on-going support of the community – please contribute if you can.

Remember you can pay via Flexischools or with the form that went home with your child in week 1. If you need further details please contact me.

**P&C Meetings**

Meeting Dates for 2019 (7:30pm in school library)

|               |                                 |
|---------------|---------------------------------|
| <b>Term 4</b> | Tuesday 29th October            |
|               | Tuesday 3rd December (2019 AGM) |

Nils Bown

GEPS P&C President

[president@gordoneastpandc.org.au](mailto:president@gordoneastpandc.org.au)

**Uniform Shop**

Uniform shop is seeking volunteers. Just an hour of your time from 8:30am on Tuesdays. Please contact Katie.

The Uniform Shop is now open Tuesday mornings (8:30am to 9:45am).

Remember you can buy uniforms online on Flexischools (<https://www.flexischools.com.au/>).

Katie McAvoy [Uniformshop@gordoneastpandc.org.au](mailto:Uniformshop@gordoneastpandc.org.au)

**Canteen**

We're off to a great start for term 4. The volunteer sign up sheet is doing well to date but we still need lots of help for the rest of the term.

We have started doing fruit smoothies in the canteen again at morning tea time which sell for \$1.50. The sports captains came and tried our new recipe this morning and gave it their seal of approval. We will alternate between mixed berry, mango, banana and we may even do a mango and pineapple.

We already sell frozen blueberries for 50c at morning tea but we have introduced frozen mango as well which will also be 50c and available from Friday.

We always need help so please put your name down on the sign up sheet. [www.volunteersignup.org/MDDWH](http://www.volunteersignup.org/MDDWH)

Alex Terry & the GEPS Canteen Committee



## Band

On Wednesday the Senior Concert band took part in a wonderful workshop with KHS band. This was followed by a concert where Killara students demonstrated their instruments to our eager students. Year 2 and several others participated in our annual “blow tests” where they had the opportunity to try out all of the different concert band instruments on offer.

There are so many reasons why your child should join the GEPS Band Programme. Scientific research has proven that musical training builds intellectual skills, raises IQs, increases spatial-temporal intelligence, improves memory, and develops creativity. As a result, children who play a musical instrument do better on average in school than those who don't. Also, it is great fun!

A reminder that the registration for Training Band 2020 is via the following link:

<https://portal.msmusic.com.au/gepsmusic>

**Registrations are due by next Wednesday October 30th, 2019.**

Please email me at [gepsband@gmail.com](mailto:gepsband@gmail.com) for any further information.

Have a musical week!

Kellye Bettman

GEPS Band Director

[gepsband@gmail.com](mailto:gepsband@gmail.com)

## Strings

Strings has been busily rehearsing Tuesday mornings. They have new pieces which are coming together nicely.

Those students interested in joining Strings are very welcome to contact Mrs Lynley Wagner- Director on Lynley @wagnermusic.com.au, or one of our P&C Strings coordinators- Lauren ([laurenainscough9@gmail.com](mailto:laurenainscough9@gmail.com)) or Michelle ([mthowland@yahoo.com](mailto:mthowland@yahoo.com))

Michelle and Lauren

Strings Coordinators

## Book Club

Issue 7 of the Scholastic Book Club went home Friday in week 1.

Lots of books to choose from including some great value packs.

With Christmas getting closer please remember that you can order Book Club as a gift and it will be held at the office for you to pick up in ‘secret’ (or if getting to school during office hours is tough with work, drop me a note and I’ll find a way to get the books to you). Just tick the ‘gift’ option when you are ordering. Orders to be in by Wed 30th October.

## Environs

Keep calm and move forward - I hope you are all enjoying the sign at the front of the school. Sadly the other two have been stolen but hopefully everyone got the message before they disappeared. If you see parents who continue to stop at the first parking spot near the gate, I urge you to ask them to move forward. As a community if we all communicate to each other the system will work.

Thank you again to those who came on environs day - the school is looking so green and lovely with all the care and attention.

Thanks again,  
Alison Wykes





**Please, get out your diaries now  
and book yourself into a slot for  
Canteen Term 4.**

We need all families to pitch in and give us a hand.

We do our best to keep the canteen running every week, so we need **you**  
to do **your** best and volunteer!

The new volunteer link has all the open slots for T4 –

[www.volunteersignup.org/MDDWH](http://www.volunteersignup.org/MDDWH)

*Thank you from the kids of GEPS*





## GORDON EAST PUBLIC SCHOOL

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[gordoneast-p.school@det.nsw.edu.au](mailto:gordoneast-p.school@det.nsw.edu.au)

Built on the land of the Guringai people

PRINCIPAL: Mrs Ruth White

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# GEPS Leavers

As we begin our plans for 2020 it is important that we have a clear idea of the number of students anticipated in each year group.

If you are expecting that your son or daughter will not be returning to Gordon East next year it would be greatly appreciated if you would indicate this as soon as possible.

This information will be held in confidence by the Principal and Enrolments officer.

**NAME:** \_\_\_\_\_

**CLASS:** \_\_\_\_\_ **YEAR:** \_\_\_\_\_

**INTENDED SCHOOL:** \_\_\_\_\_

**REASON:**

\_\_\_\_\_  
\_\_\_\_\_



### **Become a catechist in 2020!**

We are in need of new scripture teachers. The following classes ARE without Catholic SRE teachers in 2020:

- Turramurra Public School: Wednesday 915-945am AND 1025-1105am for Year 6
- Gordon West Public School: Wednesday 1135-1210pm for Kindy, Year 3 and Year 6
- West Pymble Public School: Wednesday 1235-110pm for ALL YEAR GROUPS
- Pymble Public School: Wednesday 9-930am for Year 2 AND 930-10am Year 3 and Year 6.
- Turramurra High School: various days, times, and year groups.

Some of our classes are very large. ***Even those classes with SRE teachers could also use an assistant. Can you help?***

The original meaning of “catechist” is one who “echoes God’s word”, however catechists are much more than that. Facilitating a child’s faith formation is a rewarding experience that does not require a teacher’s degree or an advanced degree in theology: all it requires is enthusiasm, as well as generosity in sharing your time with others.

Classes are once a week and run for 30-35 minutes. Resources, lesson plans, teacher’s manuals, student workbooks, support and training are provided free of charge. Please contact me at [Melanie@pymblecatholicparish.org.au](mailto:Melanie@pymblecatholicparish.org.au) for a commitment free discussion about how you can add value to our community’s youth.





## Australian Childhood Anxiety TREATMENT STUDY

### Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

#### About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

#### About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

#### Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:



(07) 3735 3351



[cadrp@griffith.edu.au](mailto:cadrp@griffith.edu.au)



[griffith.edu.au/childhood-anxiety-treatment-study](http://griffith.edu.au/childhood-anxiety-treatment-study)



Australian Government  
National Health and  
Medical Research Council



Queensland, Australia

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