



Gordon East Public School

Sport Procedures

Departmental Policy References <https://policies.education.nsw.gov.au/policy-library>:

- *Curriculum Policy Standards V9.0*
- *Sport and Physical Activity Policy*

The following procedures are a summary of the requirements outlined in the referenced policy documents and are in reference to sport activities at Gordon East PS.

Rationale:

Sport is a compulsory component of the Personal Development, Health and Physical Education syllabus. All students need to be provided with opportunities to participate in a range of sporting activities and programs suitable for their ability and interests. Sport assists in the development of a healthy lifestyle by promoting physical activity.

It is important that students' school experiences in physical activity are conducted in a safe and supportive environment. Schools that create safe and supportive environments will not only protect students from injury but will encourage their lifelong participation in regular physical activity.

Aim:

This policy aims to provide an understanding of the:

- various School Sport Programs offered at Gordon East PS
- guidelines for the implementation of sporting programs; and
- guidelines for the selection of school sporting teams.

Definitions:

PSSA stands for the Primary Schools Sports Association. Schools across Sydney and NSW are organised into **Zone** groups. Gordon East Public School is part of the **Ku-ring-gai zone** PSSA competition made of 15 schools. The aim of Ku-ring-gai Zone PSSA is to provide sporting opportunities for students within our zone and promote a healthy, active lifestyle. Students who try out for PSSA and are successful will participate in the inter-school competition with the 14 other schools within the Ku-ring-gai zone.

Students may also have the opportunity to represent their school at **Zone (Ku-ring-gai)** events and then on to **Area (Sydney North)** events before going to **State** and or **National** championships.

School Sport

Weekly Sports Program

All students Kindergarten to Year 6 participate in a weekly sports and PE program.

K-2

- The K-2 sport program includes a session of SISA (Sport in Schools Australia), stage based sport on an allocated day during the week and individual daily class PE or energiser activities.

3-6

- The 3-6 sport program includes a session of SISA (Sport in Schools Australia), Friday morning school based sport program and individual daily class PE or energiser activities.

School Based Sport

The School Based Sport program is for students who choose this option or students not selected for P.S.S.A. teams.

This program focuses on skill development and minor games. Skills relevant to various games and sports will be taught and practised, and these skills used in minor games at school. Fitness activities will also be undertaken as part of this program.

PSSA Sport

Gordon East P.S. participates in the Ku-ring-gai Zone P.S.S.A. competitions in a variety of sports. The competitions are held over Summer (Terms 1 and 4- Teeball and Cricket) and Winter (Terms 2 and 3- Soccer and Netball) seasons.

Students may choose to trial for these teams. If selected, it is expected that the students will fulfil their commitment to the team until the completion of the season, unless injured or another satisfactory reason is provided.

Representing the school provides an opportunity for students to extend their skills and compete against students from other schools.

Selection of School P.S.S.A. Teams

Students will have the opportunity to trial for relevant school P.S.S.A. teams.

Selection Process

1. Intra school trials will be the sole selection criteria. All selections will be by the school staff member who has volunteered to select, train and referee/umpire that sport.
2. Sporting achievements outside school will not be considered when selecting teams. All students will be selected based on their performance on the trial days to make selection equally fair for all students in skills relevant for that sport.
3. Students will be selected on the ability displayed in a range of identified specific skills related to the sport they are trying out for.
4. Behaviour and teamwork are also considered.
5. Students need to display a positive attitude and good sportspersonship.
6. Students need to commit to the team for which they trial for the duration of the season. This includes their attendance at training sessions, wearing of correct uniform, bringing the required equipment and making themselves available for all competition and friendly matches.
7. After selection, students must read, sign and abide to the player's Code of Conduct.
8. Where there are two children of equal ability the child from the higher grade will be selected.
9. Additional trial days will not be provided for students that are absent on the day of the trial.
10. If an additional trial day is offered due to difficulty in selection – all those trialing must attend.
11. Once selections have been made, decisions are final.

Trials

- Students wishing to try out for a PSSA team can do so by completing the PSSA expression of Interest form in the weeks prior to the designated trial dates.
- Trials will be conducted over three sessions. Students are expected to turn up to all three sessions unless sick.
- Students will participate in the specified skill drills and points will be recorded. Students will be given an opportunity to try each drill twice. Points will be allocated and recorded for each attempt at each drill.

- In the event of a student being unable to attend a trial day due to illness or injury, their initial points will be doubled to provide the overall total considered.
- Points will be totalled and used to select the final team.
- The final list of team names will be posted on the teachers` window who is coaching the respective sports team.
- Students are able to obtain their final point score, place and or any cut off totals from their respective coach. Students are also able to obtain oral feedback from the respective team coach on their performance during the skills based trial process.

Sport Skills for Trials

- Please note, at any time these skills may be changed in response to Departmental requirements.
- A copy of each skill looked at will be placed on the respected coaches` classroom window for the duration of trials.
 - Summer
 - Modball
 - Cricket
 - Winter
 - Soccer
 - Netball

Code of Conduct

Codes of Conduct provide a supportive framework which promotes fair play and appropriate behaviour in school sport. These codes apply to players, teachers, coaches, parents, officials and spectators who together provide the environment in which school sport is played. The following codes apply to school sport at all levels and are designed to highlight:

- The principles of enjoyment, satisfaction and safe play in sport
- That students participate for their own sake and not to fulfil the desires of parents, adult groups or peers; and
- The encouragements of student participation in sport and, in doing so, contribute to higher levels of health and physical fitness.

Students participating in PSSA sport will be required to sign a Ku-ring-gai Zone PSSA Code of Conduct in order to participate in the competition.

Sport Carnivals

- School sporting carnivals are organised to provide students with a competitive sporting opportunity within the school environment. At all carnivals, the following skills and values are a focus: sportspersonship, persistence, resilience, being a good sport and 'Having a Go'.
- School carnivals are organised in two types: 1: In-school with no Zone selection and 2: In-school with students selected to go on to Zone.

1: In-school with no Zone selection:

- Races will be run without the necessity for times to be kept
- No heats will be organised
- Student Sports Captains and House Captains will assist staff on the day: e.g. marshalling, adding track marks on hands, assisting on the finish line or message running.

2: In-school with students selected to go on to Zone:

- Races will be timed and heats run if necessary
- Time keeping will be conducted by staff with the assistance of parents or other adults as deemed necessary by the school
- The use of timing gates or other timing equipment may be used if available and deemed necessary by the school

Selection for Representative Teams

Swimming, Athletics and Cross Country

Individual Entry – School teams will be selected on performance at school carnivals. However, if a talented athlete is unable to compete at a school carnival, consideration may be given to them becoming an additional entry based upon proven past performance.

Relay Teams - Children selected into School Representative Relay teams to contest at Zone, Area and State levels in Swimming and Athletics will be selected on merit. The basis of which will be the times recorded at the annual school carnivals in Swimming and Athletics.

It should be noted however, that if a student is absent for the school carnival and this student has achieved outstanding results at Zone/Regional/State level in previous years, he/she will be considered for selection and will be able to progress to Zone level as a relay competitor and/or individual competitor. This decision will be the responsibility of the school convener of the sport in question.

If a reserve is called into the relay team (because a student who is chosen to be part of the relay team is unable to compete due to illness or unforeseen circumstances), the reserve will only compete at the next specified carnival to replace the original team member.

The reserve will not replace the original team member at any subsequent carnivals but will have the choice to accompany the team if they progress further.

The original school team selected takes selection precedence over any reserve being brought into compete at a Zone/Regional carnival.

Representative Trials - Representative trials are reserved for students who demonstrate exceptional ability relative to the sport as deemed by Gordon East staff. When this criteria is met students will be made aware of trial dates. It is the parents/carers responsibility to transport students to trials. At times there are limited numbers of students eligible from each school to trial. In this case the school may conduct their own trials to determine selection.

Ratification

This Policy has been developed in conjunction with:

- Principal: Ruth White
- Gordon East Executive Team & School staff
- Parent representatives : Nils Bown (President), Kiah Wolton-Phillips (Vice President)
- Tabled at P&C Meeting 27/10/2020

APPENDIX



Gordon East Public School

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PSSA Expression of Interest

By expressing an interest in trialling for a PSSA team I understand and agree to:

1. Intra school trials will be the sole selection criteria. All selections will be by the school staff member who has volunteered to select, train and referee/umpire that sport.
2. Sporting achievements outside school will not be considered when selecting teams. All students will be selected based on their performance on the trial days to make selection equally fair for all students in skills relevant for that sport.
3. Students will be selected on the ability displayed in a range of identified specific skills related to the sport they are trying out for.
5. Students need to display a positive attitude and good sportspersonship.
6. Students need to commit to the team for which they trial for the duration of the season. This includes their attendance at training sessions, wearing of correct uniform and making themselves available for all competition and friendly matches.
8. Where there are two children of equal ability the child from the higher grade will be selected.
9. Additional trial days will not be provided for students that are absent on the day of the trial.
10. If an additional trial day is offered due to difficulty in selection – all those trialing must attend.

Trials

- Trials will be conducted over three sessions. Students are expected to turn up to all three sessions unless sick.
- Students will participate in the specified skill drills and points will be recorded. Students will be given an opportunity to try each drill twice. Points will be allocated and recorded for each attempt at each drill.
- In the event of a student being unable to attend a trial day due to illness or injury, their initial points will be doubled to provide the overall total considered.
- Points will be totalled and used to select the final team.
- Once selections have been made, decisions are final.

The final team list will be posted on the teacher's window who is coaching the respective sports team. Students are able to obtain their final point score, place and or any cut off totals from their respective coach. Students are able to obtain verbal feedback from the respective team coach on their performance during the skills based trial process.

-----Please tear off and return to the respective coach of the sport that you are trialling for-----

Student Agreement

I understand the rules for selecting PSSA teams and agree to abide by them.

Name _____ Class _____ Date _____

PSSA team wishing to trial for _____

I understand the rules for selecting PSSA teams at Gordon East Public School and give permission for my child to try out for the above-mentioned team under the conditions outlined.

Parents Name: _____ Signature: _____ Date: _____



KU-RING-GAI ZONE P.S.S.A

CODE OF CONDUCT FOR PSSA SPORTS COMPETITORS



I understand it is a great privilege to be selected to represent Gordon East Public School.

NAME: _____ CLASS: _____

I am willing to:

- ✓ Attend all training and preparation for the game (or event) and be punctual. I understand that preparation helps prevent injury and helps increase my level of enjoyment.
- ✓ Change into my full school uniform, including footwear, if training occurs on any other day of the week.
- ✓ Play only when I'm fit and healthy. I understand that to play with injury will only handicap my team and may expose me to the risk of serious, lifelong injury.
- ✓ Wear my full sports uniform proudly to all games / events.
- ✓ Compete by the rules and always abide by the referee's/umpire's or touch judge's decision.
- ✓ "Keep my Cool". (i.e. not lose my temper). Make no criticism by word or gesture.
- ✓ At all times co-operate with my coach, team mates, opposition and their coach, without whom we wouldn't have a competition.
- ✓ Work equally hard for myself and my team as I understand this will benefit my own and my team's performance.
- ✓ Be a good sport and encourage team members. Be modest in success and generous in defeat.
- ✓ Remember that the goals of the game are to have fun and improve my skills.
- ✓ Treat all players as I would like to be treated. I understand that:
- ✓ If I breach this code I may be excluded from the team.
- ✓ If I am not wearing full sports uniform (including a school hat), I will not be permitted to play that day.
- ✓ If I am unable to attend training, those that do attend may be included in the game before me and I will not participate unless needed.
- ✓ If I am asked to leave the game due to misconduct I will be excluded from the team for up to two competitions games/events. My name will be forwarded to my School Principal as well as the Zone Convenor responsible for the sport that I am playing.
- ✓ If I breach my school's code of conduct while out of the school as a representative, I may be excluded from the next competition game or games / events.
- ✓ If in the opinion of the PSSA President and School Principal any breach of the PSSA Code of Conduct is considered serious enough and/or may bring the school or zone into disrepute, I may be withdrawn from the team/competition.

THIS AGREEMENT holds for the current school year and may be renegotiated in successive years as appropriate.

Student signature: _____

Date: _____

Parent's signature: _____

Date: _____

Checked by teacher:

CODE OF BEHAVIOUR FOR PSSA SPORTS SPECTATORS AND PARENTS

SPECTATORS' CODE OF BEHAVIOURS

- ✓ Remember that students play spectator sports for their own enjoyment.
- ✓ Respect the official's decisions.
- ✓ Be on your best behaviour. Do not indulge in physical or verbal abuse of players, coaches, officials or other spectators.
- ✓ Applaud good play by your own **AND** the opposing team.
- ✓ Show your respect for your opponents. Without them there would be no game.
- ✓ Never ridicule a player for making a mistake or losing a competition.
- ✓ Do not encourage or condone the use of violence in any form.
- ✓ Encourage players to always play according to the rules.
- ✓ Leave sideline comments and coaching to the Coach and Manager.

PARENTS' CODE OF BEHAVIOUR

Please:

- Do not force an unwilling child to participate in a particular sport.
- Remember that your children are involved in organised school sports for their own enjoyment and fulfilment not yours.
- Encourage your child always to play by the rules.
- Teach your child that honest effort is as important as winning so that the result of each game is accepted without undue disappointment.
- Encourage your child to work towards skill improvement and good sportsmanship. Never ridicule your child for making a mistake or losing a competition.
- Remember that children learn best by example. Applaud good play by your team and members of the opposing team.
- Do not publicly question the official's judgment and never their honesty.
- Appreciate the contribution and commitment of teacher-coaches. They give their time and their resources to provide sporting activities for your child.
- Have realistic expectations for your child and his/her team. Do not expect more than they can give.

Parent Name: _____ Signature: _____ Date: _____